

#### week 4 of 5

# following God

pursue, seek, come after, accept as authority, obey, imitate

What does it mean to FOLLOW someone or something? What is the opposite of FOLLOW?



## reading

And he said to them, "Follow me, and I will make you fishers of men." Matthew 4:19

### talk time

- Can you list the different things you can follow? (examples: a car, a pet, directions, the news, a celebrity)
- Why do you follow it or them? Are they leading you towards something?
- When you follow a person in the news or on social media, it may be because you are interested in learning more about what they do, say or believe. What are some reasons we might follow God? (examples: learn about all he has created, how he loves and forgives perfectly, how he lived perfectly as an example for us)
- What is one new way you will try to follow God this week? (examples: read the Bible, pray, find a new way to show kindness)

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### pray

Dear Lord, you said, "Follow me" to your disciples and they got up right away and followed you. Help us to be just as quick to follow you when you call us to say or do something for you. May we follow in your footsteps every step of the way in our lives of loving and serving you and one another. Amen.

### together time

stories, activities and games

#### MY HOLY WEEK JOURNEY (click to open this flip book)

Read more about MY HOLY WEEK JOURNEY HERE. To get this sticker book and other stories in the series, visit CreativeCommunications.com Use this book to celebrate that we are Easter people, transformed by Christ's work on the cross and follow Jesus in his resurrection.



To get this sticker book and other stories in the series, visit CreativeCommunications.com.



### PALM PARADE

(click to download) Create your own parade. Make palm branches from green paper or design your own. Then play Follow the Leader, marching around your home, waving your branches. Call out to each other ways you can follow Jesus in your actions, thoughts and heart.

**COLORING JOURNAL** (click to download) Read, color and reflect on your own answers to the questions.



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After his baptism, Jesus was drawn into the desert by the Holy Spirit to fast and pray. There he gained the strength to reject the devil's temptations and to proclaim the Good News of salvation. During Lent, we follow the example of Jesus as we fast, pray and give up other things that draw us away from God. By giving up meat on the Fridays of Lent, we seek God's strength to overcome temptation and be faithful to the gospel.

Thank you, Lord, for these gifts we have received and all your good gifts. May they strengthen us to follow you faithfully all the days of our lives. Amen.

Print out these fish, attach a paperclip to their nose. Then tie a magnet, with string, to a stick. Now you have your own fishing game. Can you catch all the fish? How long did it take?

Tip: Print fish onto card stock paper or laminate for a game you can play again and again.

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### sing along

videos of the week (click to open this flip book)





### let it shine



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