

# Building Faith At Home

## Resources for Family Faith Formation

### Sample Prayers

**Parents:** Please take these sample prayers as they are intended. There is more formal language here than many of you are likely to make use of. Feel free to personalize. No, strike that; make sure you personalize anything you make use of here. Use your own words and thoughts. These are mere guides to get you thinking and to move you along toward developing your own style of prayer with your children.

#### Sample Prayer #1

Dear Heavenly Father, your love knows no end. We ask your forgiveness for all the sins that we have committed today. We especially ask for your forgiveness for the times that we used our words to hurt instead of love. We thank you for a wonderful day. We thank you for the chance to go to church and to worship you. We ask that you help us get good rest tonight so that we are fresh and ready for a new day. Bless us now and always. In Jesus' name we pray. Amen.

#### Sample Prayer #2

Gracious Lord, you sustain and hold our lives dear. We are sorry for all the things that we did today that did not show you honor or show honor to those in our lives. We ask that you forgive our sins and help us learn from you how to share your love rather than our selfishness. Thank you for the morning sunshine that will greet us tomorrow. Thank you for new days and new beginnings. Bless us this night and prepare us for the morning. In Jesus' name we pray. Amen.

#### Sample Prayer #3

Dear Lord and creator of the universe, the wonders of your creation are a delight to use each day. We are sorry for the ways in which we talk to each other. We are sorry when we use words that we should not and tear each other down instead of building each other up. Thank you for family and friends who love us. Please help us show love to one another and give us kind words to share with our brothers and sisters. In Jesus' name we pray. Amen.

#### **Sample Prayer #4**

Dear God, great healer of our aches and pains, we are sorry when we fail to listen and when we take foolish risks. Yet we are thankful that you protect us and keep us from greater harm. Please heal the bumps and bruises that our carelessness have caused and help us play safely with each other. In Jesus' name we pray. Amen.

#### **Sample Prayer #5**

Gracious Lord and giver of all knowledge, forgive us for our sins, both those we remember and those we forget. We thank you for the start of school and ask that you prepare our minds to learn. Help us to treat our teachers with respect and see the joy in learning about the world you created for us. In Jesus' name we pray. Amen.

#### **Sample Prayer #6**

Heavenly Father, you are our Lord and your love never ends. Forgive us for ignoring your laws and for not listening to the words of our parents. Thank you that you have given us parents and others who love and care for us no matter what. Help us show our teachers, pastors, parents and others the love and the respect that they deserve. In Jesus' name we pray. Amen.

#### **Sample Prayer #7**

Dear Lord and giver of life, we praise you for the birds and the trees and all of the beauty of your creation. We are sorry for not caring for your creation and for treating the gifts that you have given us poorly. Thank you for giving us such a wonderful place to live and the beauty to enjoy. Help us remain mindful of your gifts and help others to see the wonders of your creation. In Jesus' name we pray. Amen.

#### **Sample Prayer #8**

Dear heavenly Father. We praise you for the gift of family. We are sorry for hurting each other, for punching and kicking, for name-calling and yelling. We know that we should do better, and we need your forgiveness and grace. Thank you that your grace is able to help us love each other and avoid letting our emotions get the best of us. Please help us use kind words to express ourselves and help us understand each other better. In Jesus' name we pray. Amen.

#### **Sample Prayer #9**

Good and gracious heavenly Father, your wisdom is beyond our imagination. Forgive us when we do unwise things, sinning and breaking your laws. Thank you for the wisdom of your laws. They show us how to live. Bless us and help us honor you and, out of a loving response, seek

to do your will. In Jesus' name we pray. Amen.

### **Sample Prayer #10**

Dear Lord, protector of your people, forgive us, we pray, for all the times that we try to do things our way. Forgive us for the things we say and do that do not honor you. Thank you for your love and grace. Thank you for life and health. Thank you for our home and the family in it. Bless us this day and bring your love and healing to all those we know who are struggling or sick. Be their protector also. In Jesus' name we pray. Amen.

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