

## Supplies for Holy Week Activities, Crafts and Recipes

### Crafts and Activities

Palm Sunday, March 28-

**Craft-** green construction paper, straw, scissors, marker, and glue

**Music-** Green streamers, green scarves, live tree branches or palm leaf from craft

Monday, March 29-

**Activity-** oils, fragrances, and lotions found in the home

Tuesday, March 30-

**Craft-** “Serve, Follow, and Grow” paper, seeds, markers, glue

**Activity-** The activity reminds us to be the hands and feet of Christ by serving and caring for others.

Ideas include writing notes, making origami hearts, and creating care packages. If gathering supplies for others, you may want to include note cards and pens or origami paper.

Wednesday, March 31-

**Activity-** hand soap or lotion

Good Friday, April 2-

**Activity (home Tenebrae service)-** 7 candles

Holy Saturday, April 3

**Activity-** Labyrinth, markers, crayons, colored pencils

### Recipes

Tuesday, March 30

Foods for dipping- bread, veggies, or cheese

**Roasted Garlic Dip-** 1 head of garlic, with the top cut off; 2 teaspoons olive oil; 1/2 cup olive oil; 3 teaspoons lemon juice; 2 teaspoons dried oregano (or any other herbs you’d like to try); 1 teaspoon red pepper/chili flakes; salt and pepper to taste

**Eggplant Dip-** olive oil; 1 eggplant; 1 tablespoon white vinegar; 2 tablespoons lemon juice; 1 tablespoon fine chopped parsley; 2 cloves garlic, crushed; 1 cup yogurt; 1 3-ounce package cream cheese; 1 tablespoon bread crumbs; salt and pepper to taste

**Hummus-** 1 (15 ounce) can garbanzo beans (chickpeas), drained; 3 tablespoons tahini (or 1 tbsp sesame oil); 3 tablespoons olive oil; 1 tablespoon fresh lemon juice; ¼ cup water; 3 cloves garlic, crushed; ½ teaspoon ground cumin; 1 pinch paprika; 1 sprig fresh parsley, chopped

Thursday, April 1

**Slow Braised Pot Roast-** 1½ lbs beef chuck roast, cut into bite-size pieces; 1 large potato, peeled and chopped; 9 oz mushrooms, cut into quarters if large; 2 carrots, chopped; 1 onion, chopped; 3 cloves garlic, minced; 4 Tbsp tomato paste; 1 Tbsp Worcestershire sauce; 1 tsp salt; ¾ tsp fresh or dried thyme; ½ tsp pepper ! 1 (32-oz) beef broth; ¼ cup all purpose flour; ½ cup frozen peas