

A community loving God by loving our neighbours.

At St. Andrew's, Brampton, we: learn together to know God's love through worship, study, and prayer; put our faith into action by loving and caring for each other; use God's gifts to go forth to bring others to Christ.

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The Season Cent

"What does the Lord require of you but to do justice and to love kindness and to walk humbly with your God?"

Micah 6:8

St. Andrew's Presbyterian Church 44 Church St. E, Brampton ON, L6V 1G3 905-451-1723 www.standrewsrampton.ca



March

- 1 Sara Adil, Nicholas Bragg, Gabriel Tegzes
- 2 Frank Holmes, Christopher White
- 3 Renate Schulz
- 4 Anna Eitner, Everson Massy, Preston Osborne
- 5 Josephine Hendricks, Margaret Penrice, Tim Roberts
- 6 Nosheen Adil, Nasreen Akhtar, Emmanuel Osubronie
- 7 Helen Collins
- 8 Ian Jess, Barbara Young
- 9 Jean McCreath
- 10 Anna-Marie Dewar, Paul Willoughby
- 11 Katelyn Draper, Robert McKnight
- 12 Kay Drew, Wilhelmine Strain
- 13 Diana Corredato
- 14 John Jarjour, Michael Millar, Seeta Singh
- 15 Elizabeth Rabello, Douglas Warwick
- 17 Mae MacDonald-Kerr, Simon Pervez
- 19 Glenna German, Jeffrey Mock
- 20 Tricia Hallim



- 21 Aphelia Dean, Cecil Kester22 Zoe Kimberly Munir
- 23 Sean Allen, Bruce Cornish, Melissa Simpson, William Wood
- 25 Eunice Boyd, Abid Chand
- 26 Samantha Millar
- 27 Richard Kalyan, Stan Loree, Victoria Nazar
- 28 Jack Koloko, Melanie Lopez, Christian Shepherd
- 29 Alexandrine Al Hakim, Liz Thayer, Laura Whiteman
- 31 Donna Volpe

April

- 1 Teresa Allen, Khalid Gill
- 2 Kevin Massey-Mubushar
- 3 John Collins, Barbara Duckitt, Donald Miller
- 4 Paro Cheddie, Sandra Fitzgerald
- 5 Tom Campbell, Mae MacDonald



A Policy for Ensuring a Climate of Safety for Children, Youth and Vulnerable Adults in The Presbyterian Church in Canada

The *Leading with Care* policy is not about us as individuals. It is about us as a body of Christ—a denomination—trying to ensure the highest quality of ministry by offering our best to Christ and working to make sure that the worst does not happen. It is a time for entering the age of lost innocence, whether real or imagined.

The Presbyterian Church in Canada is committed to providing safe environments for all persons, including children, youth, vulnerable adults, and those who minister to and with them. The church's ministry includes times of worship, service, study and play in all milieus (e.g. church courts, congregations, camps) that fall under the jurisdiction of The Presbyterian Church in Canada. All staff, both volunteer and paid, must support this policy.

Leading with Care seminars – available both in person and on Zoom – were held at St. Andrew's on February 12 and 26, and attendance was mandatory for everyone in a position of leadership and for all volunteers.







Church Office

905-451-1723 Ext. 0

Open Tuesdays,	
Wednesdays & Thursdays	9:30 am – 5:00 pm
5 5	@standrewsbrampton.ca
Service Times and Location	Ext. 50
Lead Minister	Ext. 22
The Rev. Geoff Ross	Cell: 647-524-1870
geoff	@standrewsbrampton.ca
Minister Emeritus	905-450-2720
The Rev. Rosemary Doran	
rosemary(a	wstandrewsbrampton.ca
Minister in Association	905-456-1727
The Rev. Wayne Baswick	
wayne	@standrewsbrampton.ca
Music Director/Organist	Ext. 0
Shelagh Tyreman music	@standrewsbrampton.ca
Senior Choir, Leap of Faith Ba	nd, Junior Music Makers
Office Administrator	Ext. 0
Valerie Barrett	
Church Mi	nistries
Congregational Care	Ext 0

Congregational CareExt. 0wecare@standrewsbrampton.caFood BankExt. 55Food Bank Committee ChairExt. 55Gord Warrenfoodbank@standrewsbrampton.caPrayer CircleExt. 0prayer@standrewsbrampton.caExt. 0Sunday SchoolExt. 0South-East Asian Outreach Ministry

urdu@standrewsbrampton.ca Pastor Babar Allahditta Cell: 647-779-8281

Rosemary's Reflections

I heard a new word the other day. At least it was new to me



– "toomuchery". It seemed to sum up perfectly how a lot of people feel these days. Unfortunately COVID is still too much with us with its often confusing restrictions - visit or not visit? mask or not mask? There's too much doom and gloom in the news about wars and rumours of wars. And there's too much talk about freedom and rights and not enough about responsibilities. Sometimes everything seems to be about "me and mine" with little equivalent regard for "you and yours." Toomuchery – I think I'll keep that one in my vocabulary.

And then I came across another word -"kindfulness." I liked that. Kindness I'd heard of and, I hope, practise on a daily basis. But kindfulness seems to go a bit farther and deeper. It's not just a one-off action but describes the whole person and what characterises him or her all the time. It's also a good Biblical principle. In the Old Testament God is often portrayed as loving, forgiving, concerned for the weak and helpless of society. We are commanded to be the same. In the New Testament Jesus is the shepherd who searches for the lost sheep. He tells the story of the Good Samaritan and of the father who runs to welcome back the long-lost son. He picks small children up in his arms and blesses them. Kindful – I think I'll add that to my vocabulary too.

Kindful of course reminds me of "mindful." As a child, I heard a lot about being mindful - "Mind what you're doing," "Mind where you're going," "Mind your manners," "Mind what you're saying!" In a deeper way people of faith are to be mindful of God's word, as we find it in the Bible. One thing we learn there is that if we're mindful, we can't not be kindful.

Continued on page 4

Church Contacts

Clerk of Session				
Jean Bradshaw	905-455-6573			
Past Clerk	903-433-0373			
Kim Shepherd	905-457-2127			
Christian Education (
Jean Bradshaw	905-455-6573			
Congregational Care				
Felicity Alexander	905-791-0490			
Envelope Secretaries	005 451 2054			
Bea Embling	905-451-3954			
Valerie Warren	905-456-3472			
Food Bank Committee				
Gord Warren	647-226-0960			
Mission Committee				
Eunice Boyd	905-455-8275			
Newsletter Editor				
Felicity Alexander	905-791-0490			
Newsletter Asst. Editor				
Ijeoma Ross	647-299-8877			
Prayer Circle				
Sandra Jackson	905-459-4563			
Property Committee				
Richard McMechan	905-455-8468			
SALSA Women's Gro	up			
Pam Loree	905-459-0390			
Stewardship Committee				
Helen Collins	905-450-6314			
Treasurer				
Stan Loree	647 668 4390			
Usher Co-ordinator				
Paul Willoughby	905-457-4508			
Visiting Committee				
Felicity Alexander	905-791-0490			
Web Team				
webadmin@standrewsbrampton.ca				
Women's Missionary Society				
Kim Shepherd	905-457-2127			
Worship Committee				
Karen Hutchinson	416-704-5398			

Rosemary's Reflections continued

I calculated that my husband and I between us have chalked up nearly one hundred years in active ministry, including both before and after official retirement! (Yes, we really are that old!) As time has gone by, the definition of our faith, the principles we try to live by, have been condensed. We no longer remember precisely the books we read, the theories we explored, the theological complexities we encountered. When we talk about it now, we often find that our understanding of, and faith in, God have been condensed into the two Biblical commandments – love God and love your neighbour as you love yourself. Jesus says that these two contain "all the Law and the Prophets" - in other words all we need for faithful, godly living.

So maybe the antidote for toomuchery is mindfulness and kindfulness. The prophet Micah writes "What does the Lord require of you, but to do justice and to love kindness and to walk humbly with your God?" Think of the difference we could make in our world if we all lived like that all the time.

Roseman

INSIDE ST. ANDREW'S

PUBLISHED MONTHLY (except August) to inform our church community about activities within this congregation and the Presbyterian Church in Canada, and to provide inspiration to our readers.

Submissions can be made by email to <u>newsletter@standrewsbrampton.ca</u> or to <u>felicity.alexander@sympatico.ca</u>

Additional Contributors This Month:

Helen Collins, Karen Hutchinson, Stan Loree, Doreen Scott-Dunne, Ray Scanlan, Gord Warren, Debbie Warwick

Deadline for submissions for the April issue is March 23, 2022

This newsletter and St. Andrew's office printing are done by:

15 Fisherman Drive, Unit 22 sales@postplus.ca





Heartiest congratulations to Gwen Arbuckle who celebrated her 100th birthday on February 18.



Brewster-Yates Grace was in for a surprise for her 80th birthday on February 19. She and Ken were invited for lunch with her niece and nephew, and when they arrived at the restaurant Grace's entire family was there – a total of 22 people - with cards, flowers, lots of hugs and of course delicious food too!

The "View from the Pew"





Bruce Cornish aka 'the cookie man' wishes to report on another successful fruit cake and cookie campaign for 2021. While the overall revenue was up, the profit

was \$1031.42. The main reason for less profit was the increased costs of the products being offered.

For example, not that long ago, my cost for a tin of cookies was \$5.95 and sold for \$8.00. This past year the cookies cost \$8.00 and were sold for \$10.00. You might be interested in knowing that the suggested retail price for the items I sell is \$15.00 for a fruit cake as compared to \$12.00; shortbread \$10.00 as compared to \$7.00 and those "oh so good shortbread cookies with chocolate chunks" \$12.00, as compared to my selling price of only \$10.00.

While I strived in the past to make at least \$2.00 per item, continued price increases from my supplier makes a reasonable profit harder to obtain. I hope to hold firm the prices charged in 2021. Perhaps it will mean less profit for the benefit of St. Andrew's Food Bank, but I need to remain conscious of what you people will pay.

I'm thinking, perhaps, of aiming to get more large bulk orders from dentists and doctors, financial planners and real estate agents who wish to say 'thank you' to their clients by giving them a fruit cake or a tin of cookies as a Christmas gift,

I've already heard from one large company in Brampton, alluding to giving each employee a tin of those "oh so good shortbread cookies with chocolate chunks" to each employee. That said, if you know of any company that would order in bulk, then please let me know.

In closing, thank you for the tremendous support you have given me over the years. It really is appreciated. On-line ordering, payment by e-transfer (if applicable) and the personal touch of delivering the Christmas treats to your door seems to be working well.

If you have any leads on how to grow the 'customer base,' please let me know. Comments, if any, on what was purchased in 2021 can be communicated to me at <u>brewsterwlu@hotmai.com</u>

Thank you.

Rev. Wayne Baswick, February 20, 2022



St. Andrew's-Pringle Women's Missionary Society

February 2022

A small group of the members of the St. Andrew's-Pringle WMS met on Tuesday, February 1, 2022 for a friendly and informal meeting on Zoom.

Jean Bradshaw opened our meeting with prayer, and we were then all encouraged to discuss any issues on our minds. Those included frustrations some of us have experienced with technology, the construction occurring in Brampton and how the upcoming bad weather may impact our Food Bank and the clients.

As it was our youngest member's 18th birthday that evening, we all joined in singing Happy Birthday, (the Neola McArthur version) to Katelin Shepherd.



Discussions went forward to give some consideration to our March meeting, and we are all invited to wear green to that meeting for upcoming St. Patrick's Day's recognition.

We were happy to hear that Robyn Kirkpatrick has been advancing her education by attending a baking arts course. We all congratulated her when she told us her apple pie gave her a 10 out of 10. The baking discussion led to bread making and we shared memories which the smell of baking bread brought back to us. Valerie Warren bakes a gluten-free loaf weekly and would be happy to share the recipe with anyone who asks. The issue of movies came up for discussion, and it was agreed by many of the group that much enjoyment was found in watching the Hallmark movies on TV. There were also several attendees who admitted to being able to fall asleep in the movie theatres, one even during "Pirates of the Caribbean."

Our meeting was closed with prayer shortly after 8:00 pm.

We will be holding our March meeting via ZOOM on March 1, starting at 7:00 p.m.

Debbie Warwick Secretary

The Fast Life

Fast from judging others; Feast on Christ dwelling in them. Fast from fear of illness; Feast on the healing power of God. Fast from words that pollute; Feast on speech that purifies. Fast from discontent; Feast on gratitude. Fast from anger; Feast on patience. Fast from pessimism; Feast on hope. Fast from negatives; Feast on encouragement. Fast from bitterness: Feast on forgiveness. Fast from self-concern; Feast on compassion. Fast from suspicion; Feast on truth. Fast from gossip; Feast on purposeful silence. Fast from problems that overwhelm; Feast on prayer that sustains. Fast from anxiety; Feast on faith.

- Author Unknown

Church Finances

Shortfall Pie Chart

Purpose of this chart is to show in a graphic form the shortfall of contributions to expenses as of February 22, 2022



Money has to serve. Not rule Pope Francis

Currently general offerings from January 1 to February 22 are down 14% compared with last year with all other donations decreased by 20% for the same period. Expenses are also decreased, especially in Property, due to some major repair costs in early 2021 not being repeated in 2022. Thank you all for your generosity at this difficult time.

You can contribute by credit card through our website, mail a cheque, do an Interac e-Transfer or go on Pre-Authorized Remittance (PAR).

To process an Interac e-Transfer: Go to your banking website, select Interac e-Transfer, enter the amount you wish to donate and in the message area indicate your name, envelope number and how you want the donation distributed i.e. amount for general funds, Presbyterians' Sharing, PWS&D and Food Bank. If you do not indicate a split your entire donation will go to the general operating fund, **this cannot be changed later. It is vital that you use the email treasurer@standrewsbrampton.ca**

May the peace of Jesus Christ, our Lord and Saviour be with you.

Contributions & Expenses Comparative

	1 Jan - 22 Feb 22	1 Jan - 22 Feb 21
Contributions		
Offerings	29,222.16	33,900.83
Other Revenue	1,849.00	2,800.00
Total Contributions	31,071.16	36,700.83
Expense		
Education	-	533.99
Mission	-	1,083.32
Property	24,653.23	33,110.04
Stewardship	32,742.50	29,087.74
Worship	548.51	1,630.54
Total Expense	57,944.24	65,445.63
Net General Surplus (Deficit)	(26,873.08)	(28,744.80)
Presbyterian Sharing donations*	3,004.32	3,254.32
PWS&D donations*	1,013.32	1,003.32
Food Bank donations*	4,067.13	5,776.14

* NOTES: 1) Presbyterian Sharing, PWS&D and Food Bank donations are not included in the Offerings numbers above.

Book Review



Finding happiness at 80+, from the perspective of an octogenarian.

As noted in an on-line review, Author Ralph Milton wants readers to know that old age is not a disease circling the world ready to pounce on anyone over eighty. Many, maybe even most old people say they are happier and more

contented than they have ever been.

Well Aged offers a candid, useful and entertaining insider's take on life among the *old*-old. While there is good material about old age written by health-care professionals for other professionals, and popular non-fiction to inspire the recently retired, there is virtually nothing written at the non-professional level for the oldest of the old, or for their families and caregivers. This book is a freewheeling, down-to-earth inside look at what it's really like to be old, written by someone living the Canadian experience. It is sprinkled liberally with humour. Be prepared to laugh out loud and wipe away a tear.

Topics include:

- Identity and independence
- Retirement living options how to choose
- Personal health needs and priorities
- Community support, friendships and recreation
- Spirituality and religion
- Intimacy, companionship and sexuality
- Loneliness, depression and frailty
- Leaving a legacy and making end-of-life arrangements

When the situation of elderly Canadians does get public attention, as it has during the COVID-19 pandemic, the focus is on what can go wrong. *Well Aged* expands the conversation around aging, and it is a must-read for anyone who needs to put out their birthday cake with a fire extinguisher—as well as those who love and care for them.

Available from Chapters, Kobo, Amazon and Kindle.

Food... for Thought

by Gord Warren



Easter is coming and with it the promise of spring. We've had a few warmer days, but just as we start to enjoy them winter winds and temperatures come roaring back. The feelings of the Food Bank clients are just the same. They look forward to the warmer temperatures as it means in many cases they can get out of their small rooms and socialise with their friends, finding out how everyone has survived.

We also see the need in Food Bank usage. It is slowly climbing, and more people are contacting us through the church website and other means, asking for assistance. If possible, we never turn away someone who needs help. We have been blessed with donations that we use to supplement the nonperishable food that we have on site with fresh fruit, vegetables, eggs and other items to balance their diet.

We don't know what is in store for the Food Bank with regard to government regulations and directions from Session, but we are determined to remain open to serve the needy in our area.



Tuesday Morning Bible Study



Join us for our upcoming Lenten Adult Bible Study

March 1 – April 5, 2022 10:30 am to 12:00 noon

PLACES of the PASSION

A six-week Lenten study of the places in the last week of Jesus' life.

Study Sessions

Week 1: Tues., March 1st – The City of Jerusalem

Week 2: Tues., March 8^{th} – Mount of Olives & Bethany

Week 3: Tues., March 15th – Garden of Gethsemane

Week 4: Tues., March 22nd – High Priest's Courtyard

Week 5: Tues., March 29th – Pilate's Judgment Hall

Week 6: Tues., April 5th – Golgotha

For more information – and to register – please contact Jean Bradshaw by email: <u>clerk@standrewsbrampton.ca</u>

Tech-Savvy Help Wanted!

Did you know that our small but mighty team of audio-visual volunteers have been available every week since March 2020, working diligently to ensure that we never miss a Sunday worship service broadcast? <u>Now we need you</u>!

If you have audio-visual tech skills, we need you to join our online Worship Team! We are seeking two or three people able to help 4 to 6 hours per week or do alternating shifts.

Please consider this vital ministry, and if you can help please contact Rev. Geoff Ross at 647-524-1870, or Peter Shepherd at:

webadmin@standrewsbrampton.ca





by Karen Hutchinson

The Worship Committee would like to expand its list of people interested in sharing the Word with the St. Andrew's congregation by reading the selected bible passages each week.

If you would like to take advantage of this opportunity, please submit a video of yourself doing a reading of your choice and send the video and your contact information to the church office by email to <u>office@standrewsbrampton.ca</u>.



The L6T/L6P GRACE Group meeting on February 17 was boisterous and full of laughs. We discussed our likes and dislikes of outdoor winter sports and our abilities to participate in things like cross country skiing, snowshoeing and skating. Some are making travel plans now that restrictions are being lifted. We also discussed a book that three of us have read and highly recommend: *Well Aged, The Platinum Years* by Ralph Milton. With humour and sincerity he discusses aging and how to enjoy and plan for the changes that come in your later years. You will laugh and cry throughout the book.



The L6X/L6Y group met again on Zoom on Tuesday, February 8th. The members who met were all in good spirits, and happy to reconnect. Jean Bradshaw brought us the good news from Session that the church was reopening again for in-person worship on February 13th. She also agreed to help a member reconnect on the church website to join the service on Facebook from home. Jean McCreath is still knitting up a storm and producing beautiful Afghans to bless her family. Everyone is healthy and triple vaccinated. We are optimistic that we will meet again in person in April, if there are no further restrictions.

CALL TO PRAYER



by Ray Scanlan

As we dig out from another major snowstorm stretching from the southern US to Ontario, our thoughts and prayers turn from our inward view and personal health care concerns to the political unrest in our world today.

The perilous situation in Ukraine and the prospect of a Russian invasion as 200,000 troops gather along their border is certainly a call to prayer for our world.

For the first two weeks of February we also watched with concern as protests over pandemic mandates developed into some tense situations along the Canada/US border and protesters launched a threeweek occupation of Ottawa. Almost forgotten are the people of Afghanistan and Syria and the terrible plight facing families and children living in makeshift refugee camps.

With so many issues here at home and in so many parts of our world we continue to spend some time in prayer on the third Friday of each month to ask God to help us find solutions in our weary world.

You are welcome to join us for an hour of corporate prayer, (virtually for now), at 3:00 pm on the third Friday of each month, for solutions only God can provide.





World Day of Prayer 2022

EWNI Artwork by Angie Fox (artist) Explanation of Artwork:

Freedom: open door to a pathway across an endless open vista

Justice: broken chains

God's Peace and Forgiveness: the dove of peace and a peace lily breaking through the pavement

WORLD DAY OF PRAYER WORSHIP SERVICE 2022

England, Wales & Northern Ireland "I know the Plans I have for You" Jeremiah 29:1-14

You are invited to join a ZOOM presentation of the 2022 WDP service on Friday March 4th at 2:00, a service written by the women of England, Wales & Northern Ireland World Day of Prayer Committee. This worship service was prepared and adapted for use in Canada by the Women's Inter-Church Council of Canada. If you are unable to view the service on March 4th you can go to wicc.org anytime to watch the free 1-hour recording featuring participants from all across Canada, hymns and music, singing, liturgical dancing, a children's time and a special message.

This year we are hoping to try a ZOOM service (COVID permitting) from **Grace United Church** (156 Main Street North - with parking at the GO station and some behind the church) on March 4th whereby we can all watch or listen to the service at the same time. You can either come to the church, sign in and sit socially distanced **or** you can see the service from home using your computer/smartphone **or** you can listen to it on a regular phone.

By regular phone- on March 4th before 2:00, dial 647-374-4685. A woman will answer, enter a meeting ID#: 905 451 1215 and the # sign. Next you will be asked to enter a participant ID#: 768397 followed by the # sign.

ŌR

By computer/smartphone go to the church website - www.GraceUnitedBrampton.com and press the button "Click here to join us for worship Sundays and online groups during the week."

Donations received not only support the WDP movement, but also enable the provision of generous grants that support social justice projects in Canada and the world. Online donations involve less processing and support COVID precautions. You can use the DONATE button on the wicc website OR go to wicc.org on your smartphone and click DONATE BY TEXT (647) 953-5557. Cheques can be mailed to : WICC (Women's Inter-Church Council of Canada), 47 Queen's Park Crescent East, Toronto, Ontario M5S 2C3. Tax receipts are provided for donations of \$20 or more (provide return mailing address.)

Hope to be with you to watch the service on the 4th, or if you are unable, we hope you are able to watch it at any time convenient to you. Blessings to you all.

Claire Cooper Grace United Church, 156 Main Street North, Brampton



We have researched alternatives to credit cards, so we have now also set up the ability to accept **Interac**

e-Transfers. Go to your banking website, select Interac e-Transfer, and enter the amount you wish to donate. It is very important that in the message area you indicate your name, envelope number and how you want the donation distributed: i.e. how much to General Funds, Presbyterians' Sharing, PWS&D and Food Bank. If you do not indicate a split your entire donation will go to the general operating fund, and this cannot be changed later. Another very important part is to use the email: treasurer@standrewsbrampton.ca

Also, for those who donate online through our website, you will receive your tax receipt from Canada Helps. It will not be included on your receipt issued by the church.





As the church is now open for in-church worship please join us in person or on Zoom for the Annual Meeting at 11:30 am on Sunday, March 27, using the information below:



https://us02web.zoom.us/j/3752656843?pwd=ZnJtb3 VGZkgxZjNxWGQvaUVseDJpUT09

> Meeting ID: 375 265 6843 Passcode: 489011

By Mobile Phone: One tap mobile +17789072071,,3752656843#,,,,,0#,,489011# Canada +12042727920,,3752656843#,,,,,0#,,489011# Canada

By Dial up Phone: Dial by your location +1 647 374 4685 Canada +1 647 558 0588 Canada

Copies of the Agenda and Committee Reports to be discussed and approved will be available for pick up in the church and will also be posted in advance on the St. Andrew's website: <u>www.standrewsbrampton.ca</u>.